

*Mindful Care*



Wellness Counseling for  
the Way You Live

*Maureen Heher*  
702.869.8702

•Energy Balancing

•Acupressure

•Nutritional Consultation

•Brain Chemical Profiling

•Lifestyle Counseling

•Private Acu-Yoga Therapy

•Energy Medicine

•Stress Reduction

*Maureen Fisher*

Licensed Drugless Practitioner  
Certified Master Herbalist

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